



Recreation Activities

Pages 2-17

John Lindell Ice Arena

Page 14

Senior Citizens

Pages 19-30

City Information

Pages 31-44

Additional Assistant Principal at ROMS

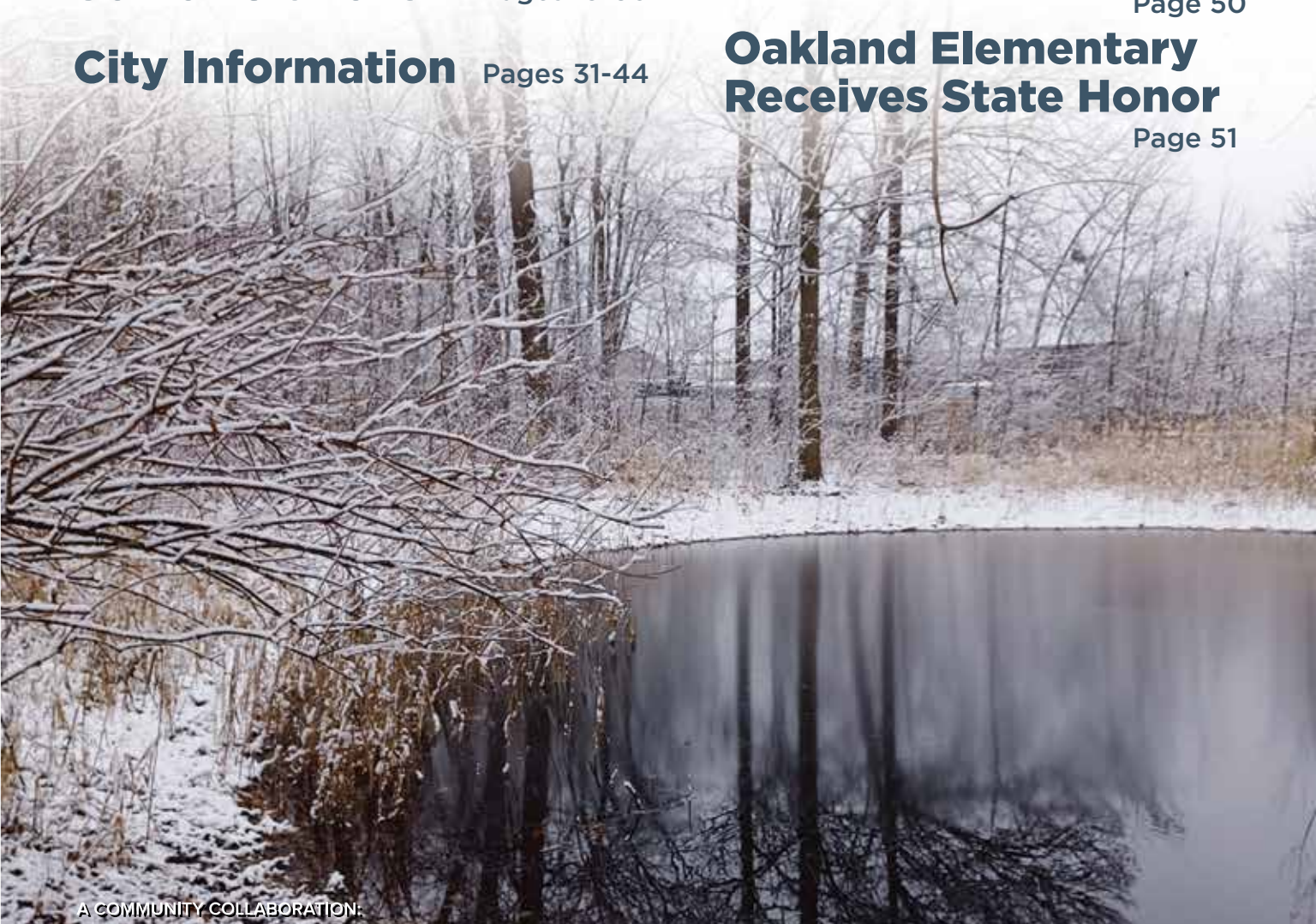
Page 48

Composting Begins at Royal Oak Schools

Page 50

Oakland Elementary Receives State Honor

Page 51



A COMMUNITY COLLABORATION:



Royal Oak RECREATION



Browse through the variety of programs offered for youth and adults.



Dear Royal Oak Community, I am thrilled to introduce myself as your new Recreation Superintendent. I am eager to serve and enhance the quality of life for all residents.

As your Recreation Superintendent, I am committed to working closely with community members, staff, and our local partners to identify and address your needs and priorities. I look forward to working together to make our community an even better place to live, work, and play.

Sincerely,

Nicole McEachern, MPA, CPRP, CPO
Superintendent of Recreation

Our community boasts a remarkable network of over 50 parks and various recreational facilities, offering a diverse range of opportunities for everyone. Whether you're seeking peaceful green spaces, exciting sports activities, or ways to connect with friends, there's something to suit every interest.

I'm particularly excited to share the upcoming completion of our **Lockman Park Capital Improvement Project**. Thanks to CDBG funds, we've installed a new Ninja Course, Basketball Court, and tennis courts, providing even more opportunities for recreation and enjoyment. The project is estimated to be completed in November.



Ninja Course installation at Lockman Park.

We want your feedback!

Recreation Survey



Scan the code or go to
www.surveymonkey.com/r/24RecSurvey
Survey closes Friday, January 31, 2025.

Cover photo of Cummington Park by Michelle Watson

MissPaulaMusic.com presents:
Toddlers and Tunes!

Get the party started and join Miss Paula for some singing, jumping, counting, dancing and clapping. We will be jamming to some old, cherished tunes along with your new favorite songs! Miss Paula has been entertaining kids with her quirky songs and silly style for over 20 years with the Candy Band. Small instruments and dancing scarves are provided. Session also includes "Six String Stories", a beautifully illustrated hardcover songbook of some of Miss Paula's original compositions. Classes are 40 minutes. Don't be left out of this shindig – sign up today!

Thursdays at Salter Community Center, Dance Room

Fee: \$85 / session*; \$65 / returning session

Session 1: Jan. 9 - 30

0 - 18 mos.: 10:00 - 10:40 am **YA4001**

18 mos. & up: 11:00 am - 11:40 am **YA4002**

Session 2: Feb. 6 - 27

0 - 18 mos.: 10:00 - 10:40 am

18 mos. & up: 11:00 am - 11:40 am

Session 3: March 6 - 27

0 - 18 mos.: 10:00 - 10:40 am

18 mos. & up: 11:00 am - 11:40 am

*\$16 per child/parent unit per week + \$20 Six String Stories book fee



Four Seasons Preschool takes the natural curiosity and joy of learning all children have and provides a safe and caring environment for them to grow. Our program is for children ages 3 through 5 years.

Our program offers the following:

- **Story Time**
- **Physical Education**
- **Music**
- **Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.**
- **Science**
- **Art**
- **Free Play Time**

We are currently full for the 2023-2024 school year.

2025-2026 Registration

- We will begin registration for current students following the holiday on Monday, Jan. 6, 2025.
- New student registration will begin Monday, Feb. 3, 2025, at 9:00 am.
- **Online registration only at royaloakrec.recdesk.com**
- There is a non-refundable \$100 deposit fee due at the time of registration.
- To be eligible for registration for the 2025-2026 school year students **MUST** be:
 - 3 years of age by Sept. 1, 2025.
 - Toilet trained

The Four Seasons Preschool is located at the Senior/Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

2025 - 2026 Class Schedule

Morning Classes, 8:30 - 11:00 am

2 Days: Tuesday & Thursday **\$1,304.00**

3 Days: Monday, Wednesday and Friday **\$2,010.95**

Afternoon Class, 12:15 - 2:45 pm

Monday, Tuesday, Wednesday and Thursday **\$2,681.25**

For more information regarding pricing and scheduling, please visit:

www.fourseasonspreschoolonline.com

Four Seasons Preschool is licensed by the State of Michigan





www.leisureunlimited.net

Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net)

Wednesday at Salter Community Center

Jan. 15 - Feb. 12, 4:00 - 4:45 pm **YA 2001**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Wednesday at Salter Community Center

Feb. 19 - March 19, 4:00 - 4:45 pm **YA 2004**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! Fun, progressive drills allow kids to work at their own pace while improving their individual and team skills. Emphasis is on teamwork and effort. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net)

Wednesday at Salter Community Center

Jan. 15 - Feb. 12, 5:00 - 5:55 pm **YA 2002**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Wednesday at Salter Community Center

Feb. 19 - March 19, 5:00 - 5:55 pm **YA 2005**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids may scrimmage if permitted. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net)

Wednesday at Salter Community Center

Jan. 17 - Feb. 14, 6:00 - 6:55 pm **YA 2003**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Wednesday at Salter Community Center

Feb. 21 - March 20, 6:00 - 6:55 pm **YA 2006**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

TumbleBunnies Gymnastics

www.tumblebunnies.com

Karate /Parkour

Our Karate class teaches martial art skills and drills in a fun way to help children learn the wonderful world of karate. Life skills such as respect, self-discipline, focus, listening and kindness are also emphasized. An increase in agility, coordination and strength are only some of the benefits of having your child be a Ninja Bunny. Each week is filled with a variety of activities and various props to keep each class unique, fresh and fun.

Fridays, Jan. 17 - March 27 at Salter Community Center

Fee: \$133 / 8 weeks *No class Jan. 24, Feb. 14*

3-5 year olds, 4:00 - 4:30pm **YA3004**

6-8 year olds, 4:35 - 5:05pm **YA3005**

Itty Bitty Bunny ages 18 months - 2 years

This fun, energetic class has **parents working with their child** that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

Tuesdays at Salter Community Center

Jan. 14 - March 25, 9:30 - 10:00 am **YA3009**

Fee: \$165 / 10 weeks *No class Feb. 18*

Saturdays at Salter Community Center

Jan. 18 - March 29, 9:30 - 10:00 am **YA3001**

Fee: \$165 / 10 weeks *No class Feb. 15*

TumbleBunnies Gymnastics ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, Jan. 14 - March 25 at Salter Community Center

Fee: \$165 / 10 weeks *No class Feb. 18*

Bizzy Bunnies, 3 - 5 year olds, 10:05 - 10:35 am **YA3010**

Saturdays, Jan. 20 - March 23 at Salter Community Center

Fee: \$165 / 10 weeks *No class Feb. 15*

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am **YA3002**

Happy Hoppers, 5 - 7 year olds, 10:40 - 11:10 am **YA3003**





www.livesafeacademy.com

Babysitter Safety (ages 9+) Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for two years). Please note that students must arrive on time to be certified, so please arrive up to 10 minutes early. To be certified students must participate in the entire course from beginning to end and successfully complete all skill.

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Instructor: Live Safe Academy

Saturday, February 8 OR Tuesday, April 1
at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4011**
Fee: Res. \$15 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. This is an add on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends.

Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Saturday, February 8 OR Tuesday, April 1
at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4012**
Fee: Res. \$15 / 1 class

Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, Country, 50s & 60s and Fun Dances. Bring your friends and join us. Instructor: Jackie Orbals

Session 1

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm

at Salter Community Center

Jan. 14 - Feb. 25 **AE2003**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm

at Salter Community Center

Jan. 14 - Feb. 25 **AE2004**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Session 2

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm

at Salter Community Center

March 4 - April 15 **AE2007**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm

at Salter Community Center

March 5 - April 9 **AE2008**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks



Activity Cancellation

248-246-3187

Building Closure Hotline Number

Whenever inclement weather or building issues force an emergency **building closure** of either the Salter or M/M Community Centers, contact this hotline for information.

- In the event of single class cancellation, students will be notified via email. (If the email on your household account is a Gmail address, please check your spam folder, as romi.gov email extensions are flagged in the Gmail system).
- Households have the option to sign up for text alerts through our new software program. This feature will only be utilized in the event of class cancellations/schedule changes.
- When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Chen Style Tai Chi – Beginner 1

Mondays, 6:30-7:30 pm **AF2001**

Jan. 6 - March 17 at Keller School

No class Jan. 20, Feb. 17

Fee: Res. \$86; Non-Res. \$91 / 9 weeks

Yang Family Tai Chi Chuan (cont.)

Mondays, 7:30-8:30 pm **AF2002**

Jan. 6 - March 17 at Keller School

No class Jan. 20, Feb. 17

Fee: Res. \$86; Non-Res. \$91 / 9 weeks

Yang Family Tai Chi Saber-Sword & Sanshou 2 (cont.)

No beginners

Mondays, 8:30-9:30 pm **AF2003**

Jan. 6 - March 17 at Keller School

No class Jan. 20, Feb. 17

Fee: Res. \$86; Non-Res. \$91 / 9 weeks

Yang Style Tai Chi Traditional Hand Form Beginner 1

Section 1 will be taught by Brian Buchanan, Certified instructor by Yang Family Tai Chi

Thursdays, 6:30-7:30 pm **AF2006**

Jan. 9 - March 20 at Keller School

Fee: Res. \$90; Non-Res. \$95 / 10 weeks

Tai Chi Sanshou 1-2

Thursdays, 7:30-8:30 pm **AF2004**

Jan. 9 - March 20 at Keller School

Fee: Res. \$90; Non-Res. \$95 / 10 weeks

Mulan Fan Whole Fan

Thursdays, 8:30-9:30 pm **AF2005**

Jan. 9 - March 20 at Keller School

Fee: Res. \$90; Non-Res. \$95 / 10 weeks

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Wednesday at Senior/Community Center

Jan. 8 - March 19, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

Thursday at Senior/Community Center

Jan. 9 - March 20, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$88; Non-Res. \$93 / 11 weeks



Tactical Self-Defense "TSD"



In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while

having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self-Defense, our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

Wednesday at Salter Community Center

Jan. 15 - Feb. 12, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$45; Non-Res. \$50 / 5 weeks

Wednesday at Salter Community Center

Feb. 26 - March 26, 7:30 - 8:45 pm **AF2402**

Fee: Res. \$45; Non-Res. \$50 / 5 weeks



Royal Oak FITNESS

Fit Mix

Burn calories in this heart-healthy combo toning class that includes the essential components of fitness: cardio, strength, core, and flexibility. Cardio portion includes warm-up, aerobic drills, and fun combos – with options to keep it low, take it higher or somewhere in-between. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights, dynaband (optional) and water.

Monday, 5:50-6:50 pm Instructor: Karen B

Jan. 6 - March 17 at M/M Senior/Community Center **FF2005**
No class Jan. 20

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Wednesday, 5:50-6:50 pm Instructor: Karen B

Jan. 8 - March 19 at M/M Senior/Community Center **FF2006**
Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Low-Impact **Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

Jan. 9 - March 20 at M/M Senior/Community Center **FF2002**
Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

Jan. 6 - March 17 at Salter Community Center **FF2013**
No class Jan. 20

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Wednesday, 6:20-7:20 pm Instructor: Tommy R

Jan. 8 - March 19 at Salter Community Center **FF2014**
Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Stretch Relief

Stretching and flexibility are the focus of this class. After warming up with a series of simple functional movements, you will enhance range of motion, increase circulation, and release stress through a variety (standing/seated/on floor) of head-to-toe controlled concentrated stretches. Using proper form and breath awareness, you will feel more limber, clear-headed and relaxed. Bring a mat and wear loose, comfortable clothing.

Monday, 7:00-8:00 pm Instructor: Karen B

Jan. 6 - March 3 at M/M Senior/Community Center **FF2023**
No class Jan. 20

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

Jan. 7 - March 18 at M/M Senior/Community Center **FF2010**
Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Thursday, 7:30-8:30 pm Instructor: Kendall M

Jan. 9 - March 20 at M/M Senior/Community Center **FF2016**
No class Feb. 20

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Saturday, 8:45-9:45 am Instructor: Angie M

Jan. 11 - March 22 at Salter Community Center **FF2012**
No class Feb. 8

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

PLEASE REGISTER EARLY

to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

IF class meets enrollment requirement to run, drop-ins are allowed for \$10 fee.



Royal Oak Parks & Recreation

2023-2024 At A Glance



34,825 Total Program Participants



5 Special Events | 1,700 Participants

**7 Pavilions
951 Rentals**



**5,170 | Meals Served
6,475 | Senior
Transportation Trips**



**1,917 hrs. of
Gym Usage**



352 Acres



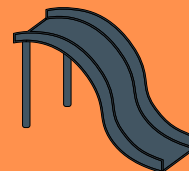
**2
Community
Centers**



**5,950 hrs. of
Athletic Field
Usage**



**2 Indoor
Ice Rinks**



51 Parks

**1 Golf Course | 9 Holes
29,978 | Rounds Played**



Paint Like Bob Ross

Learn to Paint like Bob Ross in just one day! Join Certified Bob Ross Instructor Ted Simpson as he guides you through an entire painting in just a few hours. Paint big mountains, fluffy clouds, and of course, lots of Happy Little Trees! Each class is a different painting. All supplies are included to complete your masterpiece. No previous painting experience is required. You can do this!

Winter's Bliss

Tuesday, Feb. 18 at Salter Community Center

6:00 - 9:00 pm AE2017

Fee: \$80

Sunset Mountain

Tuesday, April 1 at Salter Community Center

6:00 - 9:00 pm AE2019

Fee: \$80



Gymnasium Rentals

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.

Who to Contact

- John Lindell Ice Arena.....248-246-3950
- Metro Detroit Youth Clubs – Jack & Patti Salter Club248-544-4166
- RO Sandlot League www.royaloaksandlot.com
- Royal Oak Football Club (Youth Soccer).....www.royaloakfc.com
- Royal Oak Titans (Youth Football).....www.royaloaktitans.org
- Royal Oak Hockey..... www.royaloakhockeyclub.com

Cooking

Perfect Pierogies

Tuesday, Jan. 28, 6:00-8:30 pm AE2011

Room 3 at M/M Community Center

Fee: \$36

Come spend a relaxing evening where you'll work on your own and prepare about two dozen fresh pierogi overstuffed with your favorite fillings - all from scratch! You'll never buy grocery brand pierogi again! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Italian Three-Cheese Ravioli and Tortellini

Tuesday, Feb. 4, 6:00 -8:30 pm AE2013

Room 3 at M/M Community Center

Fee: \$36

Join us and learn how easy it is to prepare these much-loved Italian foods all from scratch! First, you'll work on your own and prepare delicious, foolproof pasta dough along with your choice of 3 different, flavorful fillings (3-cheese, spinach-cheese, or mushroom-cheese). Then you'll create dozens and dozens of yummy ravioli and tortellini! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Mozzarella Stuffed 3-Cheese Ricotta Gnocchi

Tuesday, Feb. 11, 6:00-8:30 pm AE2015

Room 3 at M/M Community Center

Fee: \$36

Join us and work on your own to create this amazingly delicious new gourmet variety of gnocchi all from scratch! You might never eat 'plain' gnocchi again! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.



Holiday Polish Kolachy Cookies

Tuesday, Feb. 25, 6:00-8:30 pm A2016

Room 3 at M/M Community Center

Fee: \$36

Work on your own to create these much-loved butter and cream cheese cookies filled with your favorite fruit preserves! Perfect for your dessert table. Email supplylist@gmail.com or call 586-256-8144 for a list of supplies to bring.

Adult Softball Leagues

We will offer the following leagues this season. Division III is ASA rated "D Recreational".

League Offerings

Coed

Monday	Coed Division III
Tuesday	Coed Division II
Wednesday	Coed Division III
Thursday	Coed Division III

Men's

Tuesday	Men's Division II
Wednesday	Men's Division III

Registration Dates

February 3 - 28

Returning team registration opens

March 3 - April 4

Open registration

April 14

Beginning April 14, Manager's Packets will be available for pick up at the Royal Oak Department of Public Services, 1600 N. Campbell Rd. (east side of Campbell, just south of 12 Mile), 8:30 am - 5:00 pm.

Week of April 21

All Leagues begin

Entry Fee

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, and awards for Season Champs and Playoff Champs.

Umpire Fee

\$17 per game per team (paid at site)

Fields/Times

Worden #1	6:10 pm, 7:20 pm
Worden #2	6:10 pm, 7:20 pm
Worden #4	6:10 pm, 7:20 pm, 8:30 pm
Worden #5	6:10 pm, 7:20 pm, 8:30 pm

Call 248-246-3180 for registration packet.

Non-resident teams are welcome to participate.

Register online at royaloakrec.recdesk.com



Women's Volleyball League

League Offerings:

Women's A-Open: Tuesday nights

Women's B Division: Thursday nights

Registration Dates:

December 1 – December 30

Returning team registration begins

January 6 - January 31

Open Registration

Week of February 10

All Leagues Begin

Entry Fee

\$325 (Includes 12-game season, playoff tournament for top 4 teams (single elimination), awards for Season Champs and Playoff Champs.)

Official Fees

\$15 per game per team (paid at the site)

Game Times

6:30, 7:30, 8:30 & 9:30 at Salter Community Center

Schedules will be emailed by February 3.

Non-resident teams are welcome to participate.

Register online at royaloakrec.recdesk.com

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127

Register for Recreational Spring Soccer!



Royal Oak Football Club offers programs for all ages and abilities, from preschool through High School! Rec Teams are built by grade level to ensure kids can play with their peers.

- ROFC focuses on fun, teamwork and developing player skills
- The spring season runs from early April to early June
- Our Little Renegades program is specifically for 3- and 4-year-olds and runs on Saturday mornings
- Rec teams practice weekly (time and location determined by volunteer coaches) and play 8-10 games throughout the season

As a community-based not-for-profit organization, ROFC Recreational Soccer offers an affordable, fun program for kids to learn and play the game of soccer!

**Register online.
Hurry, teams fill up quickly!**

**For more information and to register, visit
www.royaloakfc.com**



Royal Oak Sandlot League 2025 Tee Ball, Baseball & Softball Registration

ROSL is a volunteer run non-profit program that provides not only recreational softball and baseball but also Tournament level play and off-season training. The league begins practicing in May, with games starting late May/early June and the season running until the end of July. Children are placed in leagues according to their age as of May 1, 2024:

Tee Ball Divisions (Open for Boys and Girls)

Age 4 Beginning T-Ball
Ages 5-6 T-Ball

Baseball

Ages 7-8 Coach Pitch
Ages 9-10 Freehan
Ages 11-12 Kaline
Ages 13-14 Kaline
Ages 15-18 Harwell (High School)

Softball

Ages 7-8 Coach Pitch
Ages 9-10 Softball A
Ages 11-12 Softball AA
Ages 13-14 Softball AAA
Ages 15-18 Softball Majors (High School)

Registration:

Online: We will be accepting registrations **online** through our website listed below. Payment must be by credit card. **Registration is open in December at www.royaloaksandlot.com.**

League openings are filled on a first-come, first-served basis. Placement on a team is not guaranteed and is subject to available openings in the League.

**Please check website for fees and registration information:
www.royaloaksandlot.com**

Register Early!

Drop-In Sports at the Salter Center

Pickleball

- Drop-in fees are listed below. Any individual caught not paying will be asked to leave the gym immediately.
- Sign-in sheets will be made available 30 minutes before scheduled start times.

Monday - Friday

11:00 am - 3:00 pm
West Gym - 3.5 & higher
Drop-in fee: \$5

Monday, Wednesday, Friday

11:00 am - 3:00 pm
East Gym - Beginner - 3.5
Drop-in fee: \$5

Tuesday, Thursday

1:30 - 3:30 pm
East Gym - Beginner - 3.5
Drop-in fee: \$3



Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Cardio Kickboxing & More!

Mondays

Low-Impact: 9:00 - 9:55 am

Winter 1

Jan. 6 - Feb. 17

No class Jan. 20

Low-Impact

SA5001

Winter 2

Feb. 24 - March 31

Low-Impact

SA5004

\$48 / 6 weeks

Drop-ins welcome for \$8 per class

Join us for this high-energy, non-contact fitness class. These classes are for beginners and pros alike. These classes will focus on building endurance, improving your flexibility, and having fun! All classes can be done standing or seated. Toni Henderson, Certified Fitness Instructor.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Senior Pilates

Tuesdays, 12:00 - 1:15 pm

Jan. 7 - Feb. 25

SA2302

March 4 - April 22

SA2302

\$40 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Winter 1

Mondays: Jan. 6 - Feb. 24 SA6001

No class Jan. 20, Feb. 17

\$36 / 6 weeks

Wednesdays: Jan. 8 - Feb. 19 SA6002

Fridays: Jan. 3 - Feb. 14 SA6003

\$42 / 7 weeks

Winter 2

Mondays: March 3 - April 7 SA6004

Wednesdays: Feb. 26 - April 9 SA6005

Fridays: Feb. 21 - April 4 SA6006

\$42 / 7 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Yoga

Tuesdays, 1:30 - 2:30 pm

Jan. 7 - Feb. 25

SA2322

March 4 - April 22

SA2322

\$40 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Fred A. Erb Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Fred A. Erb Arboretum can be found on our website.



Speaker Programs

At our free speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. There is no cost for these programs, but registration is required. Currently, there are no programs scheduled.

Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks heads this group. The group normally meets on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center located at 3500 Marais. Currently, there are no meetings planned.

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost or registration for our nature walks.

DATE	TIME & PLACE	TOPIC
Dec 8 (Sun)	2:00 pm at Tenhave	Mammals of Tenhave
Jan. 5 (Sun)	2:00 pm at Tenhave	Winter Trees & Bark
Feb. 2 (Sun)	2:00 pm at Cummingston	Groundhog Day - Signs of Spring

As other programs/walks are scheduled, they will be announced on our website and Facebook page.





facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

ROYALOAKICEARENA.COM

JOHN LINDELL ICE ARENA ROYAL OAK

Learn to SKATE!



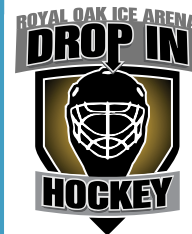
Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.



ADULT HOCKEY LEAGUE

Spring/Summer League:
LATE APRIL - MID JULY

Fall/Winter League:
SEPTEMBER - MARCH



DROP IN HOCKEY

18 and up-full equipment come in a play a competitive game of hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required

PUBLIC SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check royaloakicearena.com for days and times.



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- Tier 3 (B) Hockey for 10u, 12u, 14u and 16u age groups
- Tier 2 (A/AA) Hockey for ages 9 through 18.

www.royaloakhockeyclub.com



The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit

ROYALOAKICEARENA.COM

Royal Oak Symphony Orchestra

Since 1995, the orchestra has been a cultural offering to Royal Oak and its neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$20; Seniors and Students, \$15;
Ages 12 and under free.

Concerts are held at the Royal Oak Middle School auditorium on Fridays at 8:00 p.m

Friday, December 6, 2024, Royal Oak Middle School
Friday, March 14, 2025, Royal Oak Middle School
Friday, May 9, 2025, Royal Oak Middle School



Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: \$12; Seniors and Students, \$10;
Ages 12 and under free.

Concerts are held at the Royal Oak Middle School auditorium on Sundays at 3:00 p.m

December 15, 2024, O' Wondrous Day
March 9, 2025, Folksongs Near & Far
May 18, 2025, Nature's Wonders

Meet Michigan Science Standards at Red Oaks Nature Center

Tell your teacher! Book a field trip to Red Oaks Nature Center this winter to meet Michigan Science Standards.

Red Oaks Nature Center offers:

- Seasonal Nature Interpretation Programs
- Preschool & Homeschool Programs
- Field Trips
- Adult Educational Offerings

Register today at OaklandCountyParks.com



OAKLAND COUNTY PARKS

30300 Hales St.
Madison Heights, MI 48071
248-585-0100



Registration Information

How to Register for Programs and Classes

Registration begins on December 3 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35**. To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In-Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED.**

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

How to Register for Recreation Programs Online

royaloakrec.recdesk.com

For additional information, click on "Help" on the home page.

Open Online Registration Begins December 3

General Guidelines

Royal Oak Recreation has moved software systems as of August 1st. All household account information was not transferred in this move. Therefore, you will need to create a new account under the "create account" tab on our home page. We are very excited to offer this user-friendly interface to you going forward!

If you have never registered for a class with Royal Oak Recreation, you will need to "create account" through the website listed above.

How to Register for Senior Programs

Please call **248-246-3900** to register for programs or for more information. You cannot register for classes online.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation **248-246-3180**

8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center **248-246-3900**

9:00 am to 4:30 pm, Monday - Friday

Registration for all Extended Trips should be done in person at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

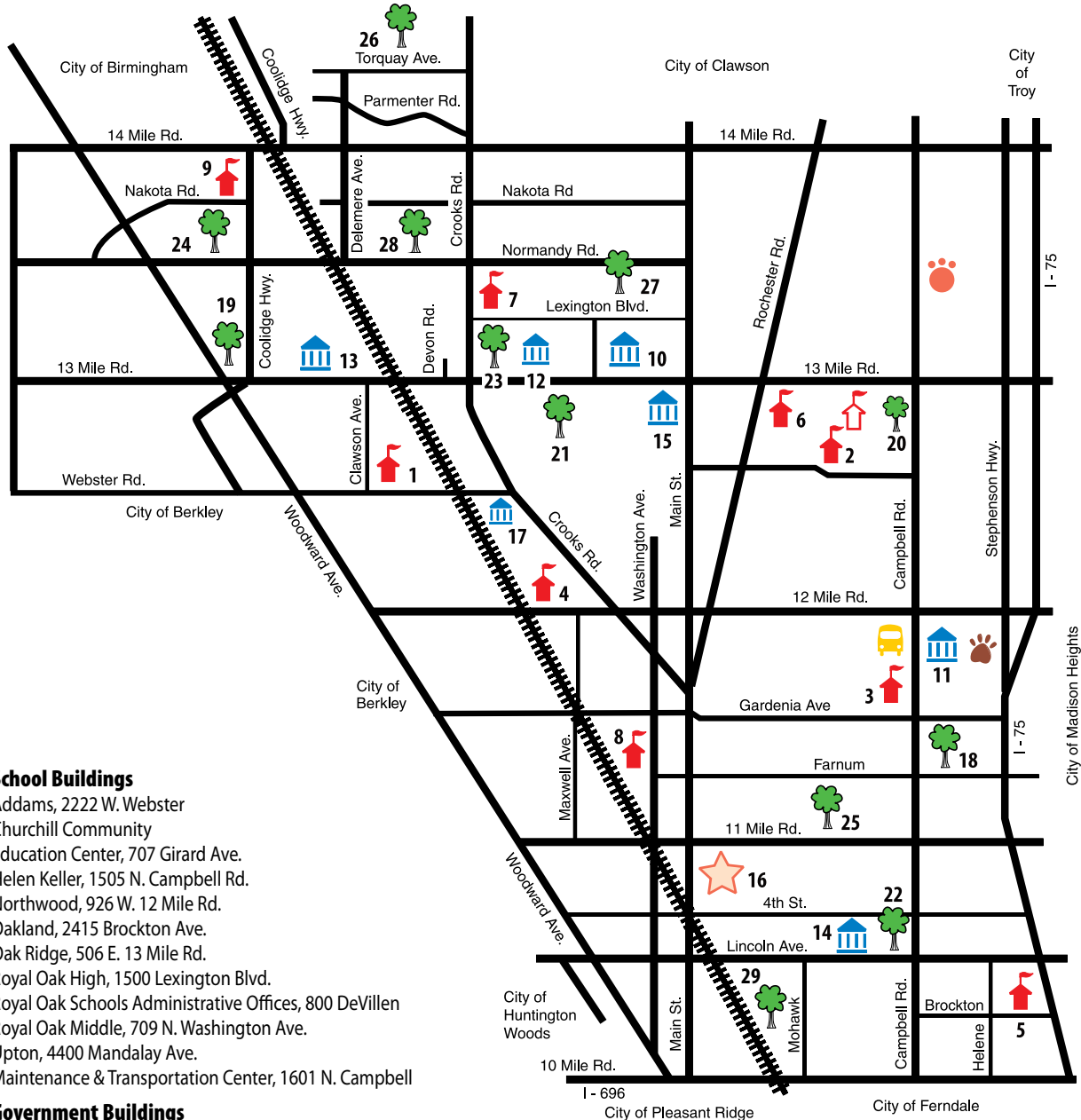
Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

City of Royal Oak



-  **School Buildings**
- 1 Addams, 2222 W. Webster
- 2 Churchill Community Education Center, 707 Girard Ave.
- 3 Helen Keller, 1505 N. Campbell Rd.
- 4 Northwood, 926 W. 12 Mile Rd.
- 5 Oakland, 2415 Brockton Ave.
- 6 Oak Ridge, 506 E. 13 Mile Rd.
- 7 Royal Oak High, 1500 Lexington Blvd.
-  Royal Oak Schools Administrative Offices, 800 DeVillen
- 8 Royal Oak Middle, 709 N. Washington Ave.
- 9 Upton, 4400 Mandalay Ave.
-  Maintenance & Transportation Center, 1601 N. Campbell
-  **Government Buildings**
- 10 Mahany/Meininger Senior Community Center, 3500 Marais
- 11 Department of Public Service, 1600 Campbell
- Location of the Recreation Department**
-  Royal Oak Animal Shelter, 1515 N. Edgeworth
- 12 John Lindell Ice Arena, 1403 Lexington
- 13 Royal Oak Golf Course, 3417 Don Soper Dr.
- 14 Jack & Patti Salter Community Center, 1545 E. Lincoln
- 15 Orson Starr House, 3123 N. Main
-  **City Hall Complex**
- 16 City Hall, 203 S. Troy St.
Centennial Commons
Public Library, 222 E. 11 Mile
Police Department, 450 E. 11 Mile
44th District Court, 400 E. 11 Mile
Farmers Market, 316 E. 11 Mile
- 17 Royal Oak Historical Society Museum, 1411 W. Webster

-  **Parks**
- 18 Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile
- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander
- 26 Cummington Nature, Torquay & Leafdale
- 27 Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
- 28 Normandy Oaks Park, Delemere & Nakota
- 29 Lawson Park, Irving & Parent
-  Mark Twain Dog Park, Campbell, south of 14 Mile Rd

Leo Mahany / Harold Meininger Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900
www.romi.gov

 Royal Oak Parks and Recreation page

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- Live the Golden Rule
 - Embody Honesty
 - Act with Patience
 - Take Responsibility
 - Listen Attentively
- Communicate Effectively
 - Lead by Example
 - Be Proactive

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Times* newsletter is **FREE**. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness and leisure activities. The staff is committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently impaired adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures is \$150.00 per 12 months. **The Royal Oak Senior Community Center and/or the City of Royal Oak does not provide medical advice, diagnosis, treatment, legal, financial, or professional service advice or endorse any professional services or institutions.**

M/M Community Center Rental Information on page 30.

Special Events and Workshops

December		
2	Welcome Newcomers	10:30 am
2	Sushi Making Class \$42.00	5:30 pm
3	Stress Management L/L	11:30 am
5	1st Thursday M/M Book Club	11:00 am
6	BINGO	12:30 pm
9	What is Senior Living? L/L	11:30 am
10	10 Questions to Ask Your Doctor L/L	11:30 am
13	FREE Holiday Gift Wrap Kit Giveaway! Limited quantity; first come, first served	
16	Age Related Eye Diseases L/L	11:30 am
18	Legal Consultations - FREE	By appt.
20	Kerry Price Holiday Sing- Along FREE	12:30 pm
24-25	Christmas	CLOSED
27	4th Friday Book Club	10:00 am
31	New Year's Eve	CLOSED
January		
1	New Year's Day	CLOSED
2	1st Thursday Book Club	11:00 am
3	BINGO	12:30 pm
6	Call in to make Tax-Aide appt. begins	9:00 am
6	Welcome Newcomers	10:30 am
8	Super Seniors: How to Live Longer \$5.00	10:30 am
15	Legal Consultations - FREE	By appt.
17	Kerry Price Sing- Along \$2.00	12:30 pm
20	MLK Day	CLOSED
24	4th Friday Book Club	10:00 am
24	Put Your Best Brain Forward \$3.00	10:00 am
27	Sushi Class \$42.00	5:30 pm
February		
3	Welcome Newcomers	10:30 am
4	Medicare 101 L/L	11:30 am
5	AARP Tax-Aide, In-person appts. begin	By appt.
6	1st Thursday Book Club	11:00 am
7	BINGO	12:30 pm
19	Legal Consultations - FREE	By appt.
21	Kerry Price Sing- Along \$2.00	12:30 pm
24	Sushi Class \$42.00	5:30 pm
28	4th Friday Book Club	10:00 am
March		
3	Welcome Newcomers	10:30 am
4	Peace of Mind L/L	11:30 am
6	1st Thursday Book Club	11:00 am
7	BINGO	12:30 pm
10	Resource Panel for Seniors L/L	11:30 am
11	Make Your House Safe & Beautiful L/L	11:30 am
19	Legal Consultations - FREE	By appt.
21	Kerry Price Sing- Along \$2.00	12:30 pm
24	Sushi Class \$42.00	5:30 pm
28	4th Friday Book Club	10:00 am

Have you signed up for a Kiosk Key Tag?

My Senior Center software allows us to keep accurate numbers who take part in our numerous classes, activities, events and more. By swiping in with your tag, we can continue to provide you with the low-cost, unique programming we love to offer. If you are a current participant, it is recommended that you update your profile with your most current contact information. Please ask a staff member for assistance when you visit the Mahany/Meininger Senior Community Center.

Day Trips

Detroit Symphony Orchestra
CLASSICAL Matinee Concerts 2025
Fridays, 9:15 am - 1:30 pm
All Concerts: \$32 – Main Floor Seats

January 31, 2025

Price and Prokofiev – Christian Reif conductor, Randall Goosby violin. Jimmy Lopez Bellido *New Work*; Price *Violin Concert No.2*, Lyadov *The Enchanted Lake*; Prokofiev *Symphony No.7*.

March 21, 2025

Beethoven and Brahms – Jader Bignamini conductor, Robyn Bollinger violin, Wei Yu cello J. Strauss II *Overture to Die Fledermaus*; Brahms *Double Concerto for Violin and Cello*; Beethoven *Symphony No. 6 "Pastoral"*.

Detroit Symphony Orchestra
POPS Matinee Concerts 2025
Fridays, 9:15 am - 1:30 pm
All Concerts: \$51 – Main Floor Seats

February 14, 2025

Broadway Love Songs

If you love someone, bring them to Orchestra Hall. The DSO plus an all-star cast of vocalists perform Broadway's heart-on-sleeve classics, featuring timeless songs by Rodgers and Hammerstein and more.

April 25, 2025

Women Rock

Jeff Tyzik conductor. This is the set list of legends. The DSO and special guests perform rock hits by Carole King, Janis Joplin, Aretha Franklin, Pat Benatar, Tina Turner, and more.



Detroit Institute of Arts \$5
Thursdays, 12:15-3:30 pm
January 16 - Guided Tour
March 27 - Musical Performance
May 15 - Guided Tour

The DIA remains open to visitors, serving as a place for inspiration, calm and respite. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour or musical performance, and a coupon for a free coffee at the Café DIA. 25 person minimum. Registration deadline: two weeks prior to the event date.

Night Fever: A Tribute to the Bee Gees
at Zehnder's of Frankenmuth \$135
Wednesday, February 19
9:00 am - 6:30 pm **Rybicki Tours**

This all-Canadian cast from Toronto, Ontario, will take you back in time to one of the greatest bands in pop history. Enjoy Zehnder's Chicken Luncheon in the beautiful main dining room before the show. There will be some free time for shopping on Main Street of Downtown Frankenmuth. Cost includes : Transportation Via modern motorcoach, Lunch and show. Registration deadline: January 3, 2025.

Firekeepers \$62
Wednesday, February 26
8:15 am - 6:45 pm **Bianco Tours**

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games, 78 table games and five sizzling restaurants to choose from! Receive a \$25 slot credit and \$5 for food, slot play or gift shop, on a fun-run to our favorite casino! Cost includes transportation via motor coach, \$25 slot credit and \$5 for food, slot play or gift shop. Registration deadline: February 12, 2025.

Meadow Brook Theatre
The Angel Next Door \$46
Wednesday, March 5
1:00 - 5:00pm

It's 1948 in a ritzy Newport Mansion populated by playwrights, actors, a young starstruck author, and the housekeeper who would like all of them to leave. When their weekend getaway goes horribly awry, only a play within the play can save the day. A screwball comedy that's in love with theater, about people in love with theater, who know that, sometimes, even reality needs a rewrite to reach a happy ending. Cost includes transportation via ROSC smart bus and admission to the show. Registration deadline. Jan 7, 2025.

Meadow Brook Theatre
Vanities: The Musical \$83
Wednesday, April 9
11:00 am - 5:00 pm

Vanities: The Musical chronicles the life affirming journey of three vivacious Texas teens from cheerleaders to sorority sisters to housewives to liberated women and beyond. This musical captures a snapshot of the lives, loves, disappointments, and dreams of these young women growing up during the turbulent sixties and seventies and reconnecting in the late 1980s. A funny and poignant look at three best friends who discover that, through thirty years of rapidly changing times, the one thing they can rely on is each other. Lunch, before the show, will be at the Rochester Kruse & Muer. Cost includes transportation via ROSC smart bus, lunch, and admission to the show. Registration deadline Feb. 12, 2025.

The Henry Ford \$161
Thursday, March 13, 2025
8:00 am - 5:00 pm

Spend the day learning more about one of the most influential figures in American industrial history. The first stop will be a tour of the Ford Rouge Factory including a presentation in the Legacy Theater to learn more about the history of Ford Motor Company. Lunch will be at Ford's Garage in Dearborn where you will be transported into a world that celebrates America's love for automobiles. After lunch explore the Henry Ford Museum where past innovations continue to fuel the imagination of generations to come. Cost includes: Transportation via motorcoach, factory tour, lunch and Museum admission. Registration deadline: February 26, 2025.

Extended Trips

Great Canadian Cities **\$3,099pp/DBL** May 18-25, 2025 **Shoreline Tours**

Explore a few of the most beautiful cities in Canada, on this 8-day, 7-night tour. Gananoque & 1000 Islands, Montreal, Quebec City, and Ottawa. Spend two nights in the world-renowned Chateau Frontenac, Canada's most beloved hotel. Experience 5-star luxury and elegance, while enjoying the breathtaking views of Quebec City. Sightseeing tours of each city, including historic landmarks such as Notre-Dame Basilica and Montmorency Falls, 1000 Islands boat cruise, Rideau Canal boat cruise, Dinner Theatre and so much more. Pick up a flyer for all the details! Cost includes: Transportation via modern motorcoach, 7 nights' accommodations, 5 breakfasts, 1 lunch, 3 dinners and all tours and attractions noted on the flyer. Passport or Enhanced Driver's license required. \$500 deposit due upon registration. Registration deadline and balance due March 18, 2025.

Mackinac Island **\$1,129 pp/DBL** June 3-5, 2025 **Bianco Tours**

Go back in time on beautiful Mackinac Island! Spend two nights at The Bicycle Inn right on Main Street while you experience the splendor of this charming gem in northern Michigan. See the island on a horse-drawn carriage tour, before spending some time at the Grand Hotel, where you will enjoy the decadent Grand Luncheon Buffet. Time at Mackinaw Crossings in Mackinaw City included! 3 days, 2 nights. Cost includes transportation via motorcoach, overnight accommodations, carriage tour, 2 breakfasts, 1 lunch and 1 dinner. \$50 deposit due upon registration. Registration deadline and balance due April 9, 2025.

Mississippi River Cruise **\$1,399pp/DBL** July 14-17, 2025 **Shoreline Tours**

Take a Modern Motorcoach to Moline, IL, the home of the riverboat Celebration Belle. Then it is "All aboard" the Celebration Belle, a massive 750 passenger paddlewheel boat, specifically designed for cruising the Mississippi River. During the cruise enjoy three meals, entertainment and memorable sightseeing along the river all the way to Dubuque, Iowa. Spend two nights in the Grand Harbor Resort, in Dubuque, situated in the Port of Dubuque featuring great services and amenities. Day 3, visit the National Museum and Aquarium to explore the history, culture, animals and conservation found along the mighty Mississippi River. Next, it is the *Field of Dreams* movie site, where you will meet a "Ghost Player" and hear entertaining facts about the movie. Conclude the day with a visit to the New Melleray Abbey Monastery, founded in 1849 by six monks from Ireland. Cost includes: Transportation via Motorcoach, 3 nights lodging, 3 breakfasts, 1 lunch, 2 dinners, River Cruise, all attractions listed on the flyer. \$200 deposit due upon registration. Registration deadline and balance due May 14, 2025.



If you need special accommodations for travel, it is your responsibility to let us know upon registration.

Please call or visit Mahany/Meininger Center to register for all trips and see the complete list of trips offered. Overnight trips do offer rates for single rooms and triple rooms.

All prices and travel agent terms and conditions are notated on the trip flyers.

Medical Equipment Loan Closet

Our medical equipment loan closet is a donation-based service. We lend out items as they are donated to us, and there is no charge to borrow an item. You can keep the item for as long as necessary, but please return only clean medical equipment in good working order.

We only accept and lend out the following items: shower chairs, bed rails, bedside commodes, standard canes, knee scooters, large and standard adult wheelchairs, transport wheelchairs, raised toilet seats, reach assistance devices, rollators, and walkers. We do not accept any other items such as crutches, adult incontinence products, slings, medical tubing or nebulizers, air casts, wedge pillows, etc.

We inspect all items received to the best of our ability and lend them out in good faith. However, the city of Royal Oak and the Royal Oak Senior Center will not be held liable for any malfunction of equipment. All items are provided "as is." **Please call 248-246-3900 prior to donating equipment. We have very limited storage space.**

Teen Clean Closet at ROSC

As the non-profit has gained notoriety, we offer seniors incontinence products and hygiene products at no cost and without judgment. Their mission is to help young people and families in our area by providing them with products needed for everyday hygiene. If interested in dropping off new items, the front desk will accept them and give them to the organization. Items listed below are accepted:

- Shampoo/conditioner (for all hair types)
- Body wash
- Deodorant
- Toothbrushes, toothpaste, floss
- Skin care products
- Body moisturizer
- Period products
- Hair styling products
- Gels, hairbrushes, combs and accessories
- Lip care items
- Laundry supplies
- Nail care items

NEW!

**For more information go to
Teencleancloset.com**

See Special Event on page 27

Welcome Newcomers

1st Monday, 10:30 am

Dec. 2, Jan. 6, Feb. 3, March 3

FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff.

Call ahead to register. Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday, 9:00 am - 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays

1:00 - 4:00 pm

A great group of regulars want to welcome new members. Stop by and play!

Drop-In Cards

Rubber Bridge

Mondays, 12:15 - 3:30 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 - 3:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:15 - 3:30 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 - 3:30 pm

\$1.00

Euchre is played with 4 players split into teams of 2. A deck consists of the Aces, Kings, Queens, Jacks, 10's and 9's of each suit. Rounds last 5 turns, or "tricks". Players place 1 card down, the card with highest value of the suit led wins the trick. Most points win the round. Must be able to play all 7 rounds. Must be knowledgeable in the game and able to keep pace with players.

The Royal Oak Senior Community Center no longer accepts donations of yarn or fiber crafts tools. Helping Hands, Sit n' Knit, and Crochet Creations will accept your donation directly. Bring your donations ONLY during the groups' meeting times listed below. The group will inspect and select the donations they need.

Crochet Creations

Thursdays, 12:00 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No fee.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Beaumont Hospital, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Senior Sew

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Kerry Price Sing-Alongs

3rd Fridays, 12:30 pm

Dec. 20*, Jan. 17, Feb. 21, March 21

\$2.00 per performance CASH ONLY

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door. *December Sing-Along FREE!

Friday Recreational BINGO!

1st Fridays at 12:30 pm

Dec. 6, Jan. 3, Feb. 7, March 7

Preregister by phone or in person

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Fall Bingo prizes are sponsored by Debbie Spencer REALTOR® AT Properties Realty. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Mah Jongg Drop-In 50¢

Tuesdays, 1:00 - 3:30 pm

This group is open to everyone who is interested in making friends, having fun, and playing American Mah Jongg. Players of all levels are welcome, from beginners to experts, but a basic understanding of the game is required. Advanced players should be willing to assist novices as necessary. Join us for a fun time!

Wednesdays and Fridays,

9:30 am - 12 noon

Experienced players may drop in and play on Wednesday and Friday mornings. Players must follow National Mah Jongg League rules only.

Mah Jongg Intermediate/Advanced Class

Thursdays, 1:00 - 4:00 pm

Jan. 23 - 30

\$25 / 2 weeks

Calling all experienced Mah Jongg players! This 2-week class is geared towards the intermediate or advanced player who wants to build on their Mah Jongg skills. Learn strategies like changing hands and playing defensively. Register today, the class is limited to 12 players. Instructor: Robin Kaufman. Sign-up deadline: Jan. 11, 2025.

DJ Dance

Friday, March 7, 7:00 - 9:00 pm

\$10 per person

DJ Dance with light snacks and refreshments. Phil, our driver for the SMART transportation program, will play hits from the 50s, 60s, 70s, and more. He will take song requests and spin the tunes on his equipment. RSVP early.

Tim's Kitchen Dine-In Lunch & Music Special Event

Wednesday, January 15

11:45 am - 1:30 pm

\$10 per person

Kelly and Daryl, husband and wife duo, will play violin and piano while customers enjoy a meal at ROSC. You must RSVP. We sell out fast, so don't wait!

Band Jam and Vocals

Every Friday 1:00 - 3:00 pm

\$1 per person to play or to listen

Come sing and/or play at the Royal Oak Jam Session. All talent and skill levels of voice and instruments are welcome. Bring your instrument or vocal chords! A vast range of songs (new ones submitted by attendees). Everyone participates and everyone chooses songs. Text messages to volunteer group leader Jim for inquiries at 248-302-6036.

M/M Book Clubs

Two options are available to fit your schedule. Free for everyone!

1st Thursdays, 11:00 am - 12:30 pm

Contact volunteer Reyes, 248-545-6064

This club chooses books by consensus among the members, and the Royal Oak Library provides the books to ROSC in time for discussions. Members must have a library card to participate.

4th Fridays, 10:00 - 11:30 am

Contact volunteer Doris, 248-586-0045

This group also chooses books among members and then votes on the order in which they read and discuss each. However, digital downloading makes them more comfortable obtaining copies from a local library. They are volunteer leaders, so don't hesitate to contact each other and ask questions.

Foot Doctor

2nd Friday, every other month

By appointment only, 9:00 - 10:45 am

Jan. 10, March 14

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' office directly at 248-478-6870 and tell them you want an appointment at the Royal Oak Senior Community Center.

Beginner American Sign Language (ASL)

Wednesdays, Jan. 8 - Feb. 26

\$80 / 8 weeks

American Sign Language classes taught by Lamarr Paige (BS, MAPM) are an excellent way to communicate with passion and emphasis for parents, students or teachers. Lamarr has launched signing programs for parents of early childhood families. As a professional in Detroit Public Schools, she has led special education and Head Start instruction, and acted as the community liaison.

She will instruct participants to develop basic conversational skills with fluency. They will grow their understanding of the deaf community, emphasizing their unique medium for personal expression. Her teachings will structure proper hand shapes and motions to convey your message. RSVP by Jan. 3; call 248-246-3900.

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Mondays, 5:30 - 7:30 pm

Dec. 2, Jan. 27, Feb. 24, March 24

\$42 per person, per class

Don't miss out on the fun! Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home! Open to all ages. Please call by Friday before the date of class to register.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$60

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900. Books up fast!



AARP Foundation Tax-Aide Program

Tax season is just around the corner...

Seniors 50+ are encouraged to take advantage of our **FREE** resource again this coming tax season. Starting **January 6, 2025**, you can call **248-246-3900 between 9:00 am - 12:00 pm Monday, Tuesday and Wednesday mornings** to make an appointment. Or you can scan the QR code below to secure a time slot.

Appointments will be available for Tuesday evening February 11, 2025 for you to use Chromebooks to do your taxes **ON YOUR OWN FOR FREE**. A certified tax counselor will be available if you need assistance.

After setting up your appointment, please come to the Senior Center to pick up your packet of directions. This will expedite the process and ease the stress for both customer and preparer.

AARP Tax-Aide volunteers will be available on Mondays and Wednesdays, and Tuesday evenings (2/11 to 4/1) for IN-PERSON appointments beginning in February 2025.



AARP Needs Your Help!

AARP Foundation Tax-Aide is looking for people like you. Tax-Aide volunteers work with low- to moderate-income taxpayers, especially those 50 and older, to provide free tax preparation and the associated credits and deductions they deserve. You don't have to be a tax pro to volunteer with us. Training is provided. Best of all, giving back through Tax-Aide is rewarding, and the camaraderie and support make volunteering fun.

SIGN UP TODAY:

aarpfoundation.org/taxaide

Susan Robb Crafting for All Ages

Grand and Me Ornament Making Class

Tuesday, Nov. 12, 4:30 - 6:00 pm
\$7 + \$7 cash for supplies per person

This is an opportunity for children 4 years and older and their grandparents to work side by side on three holiday ornaments. Each participant will get to be creative with decorating bulbs that can hang from a tree, wreath, or ornament stand. The crafts will last for years to come as memories. Preregister.

Grand and Me Cut-Out Cookie Decorating

Tuesday, Dec. 17, 4:30 - 6:00 pm
\$7 + \$10 cash for supplies per person

Cookies will arrive pre-made and cut out, so all the creativity comes from the students. Each participant receives six cookies. Royal icing colors in piping bags will be supplied and pre-mixed. Preregister.

Seniors Create a Christmas Centerpiece

Friday, Nov. 15, 10:00 - 11:30 am
\$7 + \$15 cash for supplies per person

Students will be hands-on while arranging winter greens, berries, pinecones, and battery votive candles to create a serene-looking winter centerpiece. This handmade decoration will last for years if packed carefully to protect the glass cylinders. Every student will go home with the finished product at the end of this class. Preregister.

Seniors Cookie Decorating

Wednesday, Dec. 18 10:00 - 11:00 am
\$7 + \$12 cash for supplies per person

Six delicious sugar cookie cutouts will be given out to each student. Bright-colored greens, reds, whites, and yellows will be ready-made for piping out. Techniques to create wreaths, trees, bows, and snow will be taught. Go home with works of edible art from scratch! Preregister.



Painting – All Media

Thursdays, 9:15 - 11:45 am
Jan. 16 - March 6
March 20 - May 8
\$65 / 8 weeks

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Friday mornings, 9:15 - 11:45 am
Jan. 17 - March 7
\$65 / 8 weeks

March 21 - May 9
\$56 / 7 weeks
No class April 18

Wednesday evenings, 6:15 - 8:45 pm
Jan. 15 - March 5
March 19 - May 7
\$65 / 8 weeks

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Creative Coloring

1st and 3rd Mondays, 10:30 am
Dec. 2 & 16; Jan. 6;
Feb. 3 & 17; March 3 & 17
\$2.00 materials fee per class

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

Helping Hands Preview Sale

Thursday, December 5, 9:30 - 11:30 am
M/M Community Senior Center, Room # 3
Trendy, unique, one-of-a-kind handcrafted items to purchase as gifts or pamper yourself. This is your chance to see the items before the Holiday Craft Sale. Cash or Checks only.

Holiday Craft Sale

Friday, December 6, 9:00 am - 4:30 pm
Saturday, December 7, 9:00 am - 2:00 pm
A returning event held in the past Spring will allow local artists and crafters to rent a table and share their talents with the community. Vendor tables are sold out. Mark your calendar to buy items for the holiday season. Give them away or keep for yourself. Last Spring we showcased candle makers, knitters, crocheters, sewn bags for travels, wood workers, jam makers, and book authors. Free to shop - No entry fee.

South Oakland Art Association

Since 1960

1st Tuesday of each month at the M/M Community Center
(Unless holiday falls on 1st Tuesday)
Sept. 10, Oct. 1, Nov. 12, Dec. 3
6:30 - 9:00 pm
\$5.00 fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages. Enjoy Artist-of-the-Month Contests and participate in our Annual Member Art Show & Sale (November 2 -16, 2043).

For more information, visit southoaklandart.com or email roac.carol@gmail.com

Mini Makers aka Wee Bees

1st Mondays, 10:00 am - 1:15 pm
Returns in March 2025
Room 3 FREE

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "doll-house scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.)

Mahany/Meininger Center Presents

Free Presentation: Homeless in our Hometown

Presented by: South Oakland Citizens for the Homeless
Friday, November 15, 2024 at 11:45 am

As Royal Oak continues to grow, the prevalence of our area's unhoused population is becoming more obvious. Attend this discussion and hear about the reality of what the homeless experience in our hometown and the hard work the Welcome Inn and The S.O.C.H. do to care for this population. Learn about what you can do to help.

"653,104 people experiencing homelessness on a single night in January 2023. This is the highest number of people reported as experiencing homelessness on a single night since the national reporting on the Point-in-Time count began in 2007." *Home / Press Room / Press Releases / HUD No. 23-278 Share HUD No. 23-278 HUD Public Affairs (202) 708-0685 FOR RELEASE Friday December 15, 2023 HUD Releases January 2023 Point-in-Time Count Report WASHINGTON - The U.S*

A powerful and enlightening discussion on the homeless situation that walks our neighborhood streets. Call 248-246-3900 to to reserve your seat.

Free Holiday Gift Wrapping Kit Giveaway

Friday, December 13, 2024

Stop by The Royal Oak Senior Community Center and receive a Free Holiday Gift Wrapping Kit, courtesy of Pomeroy Senior Living.

The kit includes wrapping paper, ribbons, and gift tags to help you prepare beautiful presents for your loved ones. Kits will be distributed on a first-come, first-served basis, so make sure to arrive early to secure yours. This offer is available until all kits have been given away. Must be present to receive; one per person.

Super Seniors - How to Live Better, Longer

Wednesday, January 8, 2025, 10:30 am - 1:30 pm

Fee: \$5.00

Start 2025 with an action plan to make your life healthier, happier and more enjoyable. Join us for this fun-filled session where we learn from "Super Seniors" and their amazing lifestyle. Refreshments provided. Registration required by Jan. 3.

Putting Your Best Brain Forward:

Lifestyle Factors That Influence Brain Health

Presented by Evie Lynn Breuer, LMSW, & Certified Dementia Practitioner & Jewish Family Services

Friday, January 24, 2025 at 10:00 am

Fee: \$3.00

Learn how to keep your brain healthy as you age with National Speaker Evie Lynn Breuer. We go to the gym to strengthen our muscles & keep our bodies healthy. We also need to give our brains regular exercise to fight normal cognitive changes that come with aging to optimize our mental abilities. Discover lifestyle factors and non-drug interventions for brain health.

New For 2025: SENIOR VIBES!

EXCITING NEW DISCUSSION GROUP

Join our Senior Vibes discussion group for a positive and relaxed atmosphere to spill the T!

Here, you can freely discuss thoughts and feelings about situations impacting your surroundings.

We aim to create a fun and happy environment by sharing joyful life experiences as we learn from each other.

As a member, you'll find a sense of belonging, camaraderie, and mood boost through connecting with other older adults. The group is led by our Vibling Volunteer, Ilene Orlanski, a professional with training in group dynamics and facilitation, as well as prior volunteer experience in support group moderation.

The group features built-in topics of discussion, exchange of ideas, occasional guest speakers, hot coffee, hot tea and hot topics!

Interested members should call 248-246-3900 to find out the meeting dates and times.

A donation of \$0.50 per person is requested to support the Center.



Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. For more information, go to sterlingheightscomputerclub.org for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays

11:00 am - 12:00 pm

12:15 - 1:15 pm

1:30 - 2:30 pm

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Stress Management

Tuesday, Dec. 3, 2024

Presented by: Angela Hospice

Keely, lead grief counselor of Angela Hospice, discusses some of the common stressors older adults face and practical tips to reduce its impact.

RSVP by Nov 25; call 248-246-3900.

What is Senior Living?

Monday, Dec. 9, 2024

Presented by: Pomeroy Senior Living

Topics to be discussed Dementia 101 - after a loved one receives a diagnosis What it means and what comes next? Senior Living outside of the home: What are my options? Explanation of Senior Living Acronyms CCRC, SNF, MC, AL, IL, etc. What they stand for and Pros and Cons of each. Is a Continuing Care Retirement Community right for me? Paying for Long-Term Care: Resources and Solutions.

Join Tammy from Pomeroy Living for lunch and find the answers to these questions and more! Enjoy a chance to win a prize!

RSVP by Dec. 2; call 248-246-3900.

10 Questions to Ask Your Doctor

Tuesday, Dec. 10, 2024

Presented by: Visiting Angels – Angels Education Program

In this presentation, we will discuss why asking questions is crucial and the ten specific questions that every patient should consider asking their doctors. The goal is to empower patients to take an active role in their healthcare journey and receive the information and care they deserve.

RSVP by Dec. 2; call 248-246-3900.

Age Related Eye Diseases and Conditions

Monday, Dec. 16, 2024

Presented by: Dr. Mangla

Dr. Deepak Mangla is a board-certified vitreoretinal surgeon who is coming to talk with you about Age-Related Eye Diseases/ Conditions, What to Watch for and How We Treat these Diseases/ Conditions. Dr. Mangla has extensive training and experience in diagnosing and treating retinal diseases such as macular degeneration, diabetic retinopathy, retinal detachments and more. After training (15 years in total) and working in and out of Michigan, Dr. Mangla returned home to start his own practice, Harbor Retina Center, located in both Troy and Lapeer Michigan. Dr. Mangla is known for making his patients and their families comfortable, his excellent communication and always keeping his patients laughing!

RSVP by Dec 9; call 248-246-3900.

Medicare Explained

Tuesday, Feb. 4, 2025

Presented by: Mark Steffens

Medicare explained workshop is designed to take the confusion out of enrolling in Medicare. We will help you make an informed choice during the very important enrollment period. Here are some topics we will cover: What is Medicare, and do I have to enroll? When do I sign up for Medicare? Who is Eligible for Medicare? Enrollments, Premiums & Penalties for Medicare? How to compare Medicare Advantage to Medicare supplement? This is a very confusing topic, and we want to make sure you understand all aspects of Medicare so you can make the best decision for your health care coverage. No cost to attend and lunch will be served.

RSVP by Jan 27; call 248-246-3900.

This is an educational event; no products will be sold at this event. Mark Steffens is a licensed and certified agent who works with Medicare enrollees to explain Medicare Advantage, Medicare Supplement and Prescriptions options.

Peace of Mind

Tuesday, March 4, 2025

Presented by: A.J. Desmond and Sons

AJ Desmond and Sons invite you to a Peace of Mind Seminar. Learning how planning for your final wishes may shield your family from an unnecessary emotional and financial burden. Join us and learn more about pre-arrangements, Veteran Benefits, cremation, burials, traditional funerals, payment plans and more.

RSVP by Feb 24; call 248-246-3900.

Senior Life Advisor Council

Your Trusted Advisor Panel

Tuesday, March 10, 2025

Presented by: Senior Life Advisor Council

A distinguished team of trusted advisors dedicated to addressing questions and offering essential resources and solutions to the senior community. Professional Advisors: Independent Living | Assisted Living | Memory Care | Financial | Medicare | Funeral Planning | Moving Care Transition | Organizing | Rehabilitation PT | Home Health Care | Hospice | Private Duty | Law | Power of Attorney | Estate Planning | Respite | Occupational Therapy.

RSVP by Feb 24; call 248-246-3900.

Make Your Home Safe and Beautiful Inside and Out

Tuesday, March 11, 2025

Presented by: Mike Smela Home & Business Beautification

Is your house healthy and safe? The focus of this workshop is to create a discussion on how to prep your home for a beautiful spring and summer. Focusing on everything from safe foundations and walkways to quick repairs. Bring your home improvement questions and learn which projects are good for DIY and which should be better off left to the professionals.

RSVP by March 3; call 248-246-3900.

Chair Exercise with Cindy**Wednesdays, 9:30 - 10:15 am****Jan. 8 - Feb. 12****\$42 / 6 weeks****Feb. 26 - April 9****\$49 / 7 weeks****Fridays, 9:30 - 10:15 am****Jan. 10 - Feb. 14****\$42 / 6 weeks****Feb. 28 - April 11****\$49 / 7 weeks**

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

**Chair Yoga with Cindy****Wednesdays, 10:30 - 11:15 am****Jan. 8 - Feb. 12****\$42 / 6 weeks****Feb. 26 - April 9****\$49 / 7 weeks****Fridays, 10:30 - 11:15 am****Jan. 10 - Feb. 14****\$42 / 6 weeks****Feb. 28 - April 11****\$49 / 7 weeks**

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Drop-in Line Dancing**Fridays, 1:00 - 3:00 pm****\$3.00**

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! **NO BOOTS. MUST HAVE SOME EXPERIENCE.** Instructor-Jeannette Forster

Social Square Dance**Mondays, 1:00 - 3:00 pm****Drop-in, \$7.00 per class, CASH ONLY**

This growing group continues led by Walt Zatorski, is gaining participation with each week they are here at the M/M Center. They have even hosted the entertainment for a dinner dance! No partner needed, professional caller Walt will make you laugh, dance, and make new friends. All skill levels welcome. New to square dance? The advanced dancers will help you learn. Please no hard sole boots that will mark the flooring.

Special Social Square Dance to Benefit "Teen Clean Closet"**Wednesday, December 11, 7:00 - 9:00 pm**

Teen Clean Closet seeks out donations of new hygiene items. Once collected, a small team of volunteers redistributes them. **Free entry with a minimum of 3 donations of new toiletries, toothbrushes, toothpaste, feminine products, reusable shopping bags, etc.**

**Tai Chi Chen Style with Han****Thursdays, 9:15 - 10:00am****Jan. 9 - March 20****\$70 / 10 weeks** No class Feb. 20

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.

Gentle Yoga**Mondays, 10:00 - 11:00 am****Jan. 6 - Feb. 17****\$42 / 6 weeks***No class Jan. 20***Feb. 24 - April 7****\$49 / 7 weeks****Mondays, 1:00 - 2:00 pm****Jan. 6 - Feb. 17****\$42 / 6 weeks***No class Jan. 20***Feb. 24 - April 7****\$49 / 7 weeks****Thursdays, 1:00 - 2:00 pm****Jan. 9 - Feb. 20****\$49 / 7 weeks****Feb. 27 - April 10****\$49 / 7 weeks**

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please bring a mat and wear comfortable clothing. Instructor – Noreen Daly.

Zumba with Debbie M**Fridays, 12:00 - 1:00 pm****Drop-in, \$6 CASH ONLY**

Join Debbie as your instructor for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. On pleasant weather days the class is held outdoors. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginners to advanced Zumba dancers are welcome, modifications can be made to keep students comfortable but remain involved. All abilities will gain health benefits. Weights are available for purchase from the instructor, but not required.





Fitness with Josh

All classes are drop-ins for \$10.00 each (cash only) and held at M/M Community Center (3500 Marais Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!

All ages are welcome and equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly. **Questions?** Email Josh at GPCfitnessstudio@gmail.com.

Monday 30-Minute Morning Warm Up Two sessions for \$10.00!

Start the day with a short 30-minute session to wake up the body. Josh will help you personalize your time by focusing on strength, mobility, cardio and balance, or work on all of them!

Friday 60-Minute Morning Warm Up

Round out the work week with 1 hour of purposeful movements. Some mat work, resistance bands and weights with personalized modifications if needed.

Full Body Circuit

A staple class to incorporate most of your major muscle groups in various, challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh surprises class members with new and interesting things.

Senior Circuit

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Mat Work

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 - 10:00 am 30-Min. Warm-up	9:00 - 10:00 am Full Body Circuit	9:00 - 10:00 am Mat Work	9:00 - 10:00 am Full Body Circuit	9:00 - 10:00 am Hour Warm-up
10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit	10:00 - 11:00 am Senior Circuit
	11:15 am - 12:15 pm Stability & Balance		11:15 am - 12:15 pm Stability & Balance	
5:30 - 6:30 pm Full Body Circuit	5:30 - 6:30 pm Full Body Circuit	5:30 - 6:30 pm Full Body Circuit	5:30 - 6:30 pm Full Body Circuit	

Garden Club

Garden enthusiasts meet new friends, share ideas, attend lectures/workshops and social events! All are welcome. Dues are collected upon regular membership. For more information, visit www.royaloakgardenclubmi.org or email at royaloakgardenclub@gmail.com. Email to ask specific questions.

Koffee Klatch

Fridays, 1:00 - 2:30 pm
M/M Senior Community Center
3500 Marais in Royal Oak

A discussion and networking group for LGBTQ+ community ages 45 and over. Meetings are open to any topic presented by those in attendance. Various social outings and potlucks are held throughout the year.



Meditation with Brian Black

Mondays, 7:00 - 8:00 pm
Jan. 27 - Feb. 24
\$50 / 5 weeks

March 3 - 31
\$50 / 5 weeks

Brian Black has been a meditator for over 40 years. He is an ERYT (experienced yoga teacher), inspirational speaker, author, musician, and retired therapist and clergyman. In the East, they say the mind is like a monkey. To keep it from chattering all day long, we practice stilling it. Here in the West, meditation is well known as a technique to reduce stress and anxiety while research shows that it may also help enhance your mood, promote healthy sleep patterns, and boost cognitive skills.



AgeWays
Account Care Services

Helping Seniors and Their Families

We provide programs and resources that give older adults and family caregivers the extra support they need. Whether it's in-home care programs, Meals on Wheels, help with transportation, help understanding your care options, or support for family caregivers, we are here - for the seniors of southwest Michigan and for you.

Serving Livingston, Monroe, Macomb, Oakland, St. Clair and Washtenaw counties.

800.852.7795
AgeWays.org

The Area Agency on Aging 1-B is now AgeWays

R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older and qualify for subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
\$0 - \$20,150	\$0 - \$23,000	\$3
\$20,151-\$33,600	\$23,001-\$38,400	\$5
\$33,601-\$53,700	\$38,401-\$61,400	\$7

- Home Chores
- Home Repairs
- Personal Care

This service is sponsored by the City of Royal Oak. For questions and concerns, contact a R.O.S.E.S. specialist Monday-Friday at 248-246-3919.

Anyone seeking an in-person meeting with the R.O.S.E.S. Aide Coordinator must call 248-246-3919 for an appointment.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

Dec. 2, Jan. 6, Feb. 3, March 3

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE

Dec. 12, Jan. 9, Feb. 13, March 13

Royal Oak Senior Community Center offers a Low Vision and Blind Support Group, hosted by Henry Ford Health and the Detroit Institute of Ophthalmology.

Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics.

Preregistration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

December 12 meeting is tentative; please call to confirm.

Grief Support – Living On

Hosted by Hospice of Michigan

1st and 3rd Fridays, 10:30 - 11:30 am

FREE

Dec. 6 & 20, Jan. 3 & 17, Feb. 7 & 21,

March 7 & 21

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive, caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee

Dec. 18, Jan. 15, Feb. 19, March 19

By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to older persons. Consultations will be in person. A fee will be charged for additional services. Please call ahead to request an appointment.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Tim’s Kitchen

The current month’s meal calendar will be available in the *Times* Newsletter and online at romi.gov. Menu is subject to change without notice due to availability. All meals are \$5.00 each and payment is due upon placing order either by phone with a credit card OR in person with cash, credit card or check. Ordering DEADLINE is by 11:30am THREE BUSINESS DAYS PRIOR to the date you want to purchase. Closure may affect cut off dates. There is no same-day purchase, punch cards, or walk-ins. DINE IN ORDERS CANNOT BE CHANGED TO CARRY-OUT. Carry-out lunches will be refrigerated in compliance with food safety protocols. Pickup until 4:00 pm. There are NO REFUNDS if you are not able to come in to eat or pick up your lunch.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am - 4 :00 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts.

Prepaid tickets are available:

\$24 / 5 round-trip tickets

\$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Corewell Health, SMART Municipal and Community Credit Funds, and rider donations.

Rentals at M/M Community Center

3500 Marais Ave., Royal Oak, MI 48073

Rentals are available Monday through Saturday only. Building closed on Sundays. A \$200 security deposit and full payment is due upon booking.

The security deposit is refundable if the following conditions are met:

- Premises are left in the same condition as the start of the event. No tape on walls.
- Trash has been taken to the dumpster
- Tiled floors have been swept
- Tables and chairs returned as they were upon arrival
- Coffee service is available for a fee*
- No additional fee for projector – must bring own laptop.
- No alcohol or bounce houses are allowed on the premises.

CANCELLATION POLICY: A full refund will be given with 48 hours advanced notice, otherwise it will be forfeited.

If you would like to book a rental or require further information, please call **248-246-3911**.

Room/ Facility	Rental Rate per hour		Maximum Occupancy	Details
	(w/food)	(w/o food)		
Lounge 608 sq ft	N/A	\$25	12	Square tables, chairs, carpeted floor, windows overlooking Arboretum
Game Room 1088 sq ft	N/A	\$25	20	Square tables, chairs, carpeted floor; use of pool tables is NOT INCLUDED
Room 1 400 sq ft	\$35	\$30	20	Tables, chairs, carpeted floor, dry erase board
Room 2 416 sq ft	\$45	\$40	20	Rectangular tables, chairs, sink coat rack, pull-down, screen, carpeted floor
Room 3 638 sq ft	\$50	\$40	40	Rectangular tables, chairs, tiled floor, sink, dry erase board, 50" wall-mounted monitor
Rooms 4 & 5 4416 sq ft	\$65	\$55	100-150	Oval tables (seat 8 each), 84" round table, chairs, tiled floor, 86-inch monitor, 12 ft ceiling, windows overlooking Arboretum
Room 7 280 sq ft	\$30	\$20	12	Tables, chairs, carpeted floor
Rooms 8 & 9 1040 sq ft	\$55	\$45	45	Rectangular tables, chairs, tiled floor, 75-inch monitor, two sinks
Patio 2275 sq ft	\$35	\$25	N/A	Cement pavement, surrounded by Arboretum
Parking Lot 105 regular spaces 10 accessible spaces	\$75	\$75	N/A	Call for details. Must provide own Liability Insurance

* **Coffee Service** is available at time of booking. Preparation includes regular or decaf brewed coffee, hot water, teabags, paper cups, powdered creamer, sweeteners, stir sticks and napkins. Fees are as follows:

30-person, \$20; 55-person, \$30; 100-person, \$35; 150-person, \$40; 200-person, \$50

Mayor

Michael Fournier

Monica Hunt, Mayor Pro Tem
Rebecca Chezzum

City Commission

Sharlan Douglas
Amanda Herzog

Brandon Kolo
Melanie Macey

Snow Emergencies

With winter upon us, it's important that residents understand their responsibilities in a snow emergency and how to be informed when a snow emergency goes into effect.

What is a Snow Emergency?

A weather event in which the city receives a snowfall of four inches or more generally defines when a snow emergency may be declared by the City of Royal Oak. When a snow emergency is in effect for the City of Royal Oak, all vehicles on city streets are to be removed. Vehicles are to remain off the streets until plow trucks have gone through the area. Once a snow emergency is called and plowing begins, it takes approximately 24 - 36 hours to plow all city streets and lots. Cooperation of residents to keep the streets clear for the plows is key to efficiently returning city streets to normal.

What should I do when a Snow Emergency is Declared?

Under city ordinance, when a snow emergency is declared, all on-street parking is prohibited, and residents are required to move their vehicles off the street and into a driveway. When a winter storm is forecasted to hit the city with a predicted snowfall of four inches or more, residents should be proactive and remove their cars from the street prior to an official emergency declaration.

What will happen if I do not remove my car from the street during a Snow Emergency?

Vehicles not removed from a city street when enforcement begins are subject to a citation and possibly vehicle impoundment by the Royal Oak Police Department.

What if my house does not have a driveway?

Persons residing in homes without driveways may apply for a snow emergency parking exemption permit. This permit allows the owner/lessee of the vehicle for which the permit is issued to park only in front of his/her residence during a snow emergency. (Note: If you have a driveway or more vehicles than your driveway allows you are not eligible for an exemption.) Applications are available at www.romi.gov or the Royal Oak Police Records Bureau and are subject to a non-refundable \$25 fee at the time of application. Applications will take at least 48 hours to process.

How can I be notified that a Snow Emergency has been declared?

Residents can use the following means of learning a snow emergency has been declared:

1. City of Royal Oak website at www.romi.gov
2. City of Royal Oak and Royal Oak Police Department social media accounts (Facebook, Twitter, Instagram)
3. Call the Snow Emergency Hotline at **248-246-3442**
4. Sign-up for Email/Text Alerts from the Royal Oak Police Department

How can I sign up for Snow Emergency and other emergency alerts?

The Royal Oak Police Department can send emergency alerts directly to residents via text message, email, phone call, voicemail or traditional land-based telephone lines through CivicReady. For more information, visit www.romi.gov and look for the "Emergency Alerts" icon or visit the iPhone App Store / Android Google Play and look for the "CivicReady" app.





Christmas Tree Collection

Trees will be collected curbside for recycling 12/26/2024 - 1/10/2025 by a private chipping contractor on your regularly scheduled refuse day. Please put to the curb by 7:00 am and remove all decorations, lights, stands and plastic bags or the tree will be left until corrected for the next pickup day. Between 1/13/2025 and 4/4/2025 residents may take the tree to SOCRRA, 995 Coolidge for disposal. Call 248-288-5150 for details. **By appointment only.**

Yard Waste Reminder

Yard waste must be separated through December 13, 2024. Between December 16, 2024 and April 4, 2025, residents need to either hold onto yard waste materials until the program starts on April 7, 2025 or residents can take a limited amount (10 bags per day) to SOCRRA at 995 Coolidge, free of charge, until the program begins April 7, 2025. Please call (248) 288-5150 for details. The best way to handle grass clippings is to not collect them. Grass clippings are good for the lawn. **By appointment only.**

Join us for the 25th annual
Holiday Magic Marketplace
 Thursday, Dec. 5th
 4pm-9pm @
 RO Farmers Market

Bring the whole family!
 over 60 local crafters and vendors
 free cookies & hot cocoa
 live entertainment & food trucks
 community tree lighting at 6:30pm
 visit from Santa (6:30pm-8pm)

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300
(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.
BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WRCK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.

Christmas Tree Safety



As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.



PICKING THE TREE

- Choose a tree with fresh, green needles that do not fall off when touched.



PLACING THE TREE

- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.



LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.



After Christmas

Get rid of the tree after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Check with your local community to find a recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

FACTS

- ! **Almost one third** of home Christmas tree fires are caused by electrical problems.
- ! Although Christmas tree fires are not common, when they do occur, they are more likely to be serious.
- ! A heat source too close to the tree causes more than **one in every five** of the fires.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



Royal Oak
FIRE DEPT

Thanksgiving Safety

The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.



- Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay 3 feet away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- Never leave children alone in room with a lit candle.
- Make sure your smoke alarms are working. Test them by pushing the test button.

Did you know?



Thanksgiving is the leading day of the year for home fires involving cooking equipment.

Have activities that keep **kids out of the kitchen** during this busy time. Games, puzzles or books can keep them busy. Kids can get involved in Thanksgiving preparations with recipes that can be done **outside** the kitchen.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards



Royal Oak FIRE DEPT



Green Holiday Guide



Keep it Local

Supporting a local business might be a surprising way to think green this holiday season, but it makes a big difference for our local economy especially businesses that support local artists and crafters. Did you know that 68% of every dollar spent at a local business stays in the community?

Wrap with Intention

Many kinds of wrapping paper and gift bags are not recyclable due to their materials. Seek out reusable gift wrapping like fabric or recyclable wrapping like craft paper.



Gift Experiences

Gifts don't have to be things. Consider gifting a massage, an art class, or an evening out. Spending quality time with the ones you love can often be more meaningful.

Decorate a Potted Tree

Potted trees can be a great alternative to plastic or cut-down trees. If cared for properly, they can be planted in the spring or reused for future years.



Offer plant-based options

Plant-based or vegan options are better for your health and better for the planet. Alternative milks and butters are an easy swap that everyone can enjoy. There are also many wonderful vegan holiday recipes that will rival any traditional offerings.

5 Tips to Being a Better Recycler!

Did you know Royal Oak makes up 25% of the recycling brought to the SOCRRA Recycling Facility? Angela Fox, Sustainability Manager for Royal Oak, recently toured the SOCRRA Recycling Facility and wanted to share some pointers on ensuring your recyclable get recycled. Please learn what SOCRRA can and cannot take and only place those items in your bin. Many items not taken curbside can be dropped off at SOCRRA locations with online appointments that can often be made the same day.



1. Lithium-ion batteries CANNOT go in your curbside bin. They are one of the most significant contributors to recycling center fires. They CAN be brought to SOCRRA or other drop-off locations.

2. Cardboard boxes must be broken down and must fit in your bin. Boxes that do not fit in your bin should be cut down or dropped off at a recycling location.

3. Do not put small items (2 inches or less) in your bin. They do not reach the sorting station. Bottle caps, for example, should be kept on bottles. All other small items should be disposed of in the trash.

4. Avoid tanglers. Extension cords, Christmas lights, soft plastic, and anything else that can get wrapped up in machines. These items are removed and landfilled, but can damage equipment and stop production if not seen. Many of these items have drop-off recycling options.



Reduce WISH-CYCLING by learning what SOCRRA can and cannot accept through curbside pick-up and drop-off. Their Waste Wizard tool gives options for items they cannot take, if options exist. Use the Waste Wizard tool via the QR Code. Royal Oak will be working on expanding recycling options, drop-off locations and events.





Royal Oak RECYCLE RIGHT



Take a pause to
recycle right.

ACCEPTED

CARDBOARD &
MIXED PAPER



PLASTICS
GUNK FREE



METALS



GLASS



CARTONS



When in Doubt,
throw it out!



NOT ACCEPTED

TANGLERS



SOFT PLASTICS



STYROFOAM



BATTERIES



SMALL ITEMS



COMPOST



Learn how to recycle
just about anything!



Royal Oak
SUSTAINABILITY



Royal Oak COMPOST RIGHT

Take a pause to
compost right



Did you know you can bring compostable materials to the Royal Oak Farmers Market on Saturdays from 8 AM until Noon? We will compost your items for FREE. Even better, we can take items you cannot compost at home through traditional methods.

ACCEPTED

FRUITS



VEGETABLES



MEAT & DAIRY



PERSONAL CARE



YARD WASTE



BPI CERTIFIED DINNERWARE



LEFTOVERS



PAPER PRODUCTS



COFFEE & TEA



NOT ACCEPTED

GLASS



PET WASTE



PLASTIC



Learn how to compost
just about anything!



Royal Oak
SUSTAINABILITY



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.

Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they're really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it's not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people's homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don't deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



“Do You Want to Save Hundreds of Dollars?!”



How many times have you heard that from a salesperson? But in the case of your home or business property, being a good consumer can potentially save you hundreds – even thousands – of dollars. You begin by regularly monitoring the water your home or business uses so that you can prevent a large water bill before it happens.

The DPS staff reads your meter about once every three months – and A LOT can happen in 90 days! Water can inadvertently be left on with a garden hose, a kitchen faucet can leak, and toilet fixtures can accumulate sediment over time and not seal properly, allowing water to seep into the bowl and escape out through the sewage system. The water leaching from tank to bowl is often so slow that the movement of the water is not discernable.

In almost every case we encounter with a large “surprise” bill – where the owner was unaware that excessive amounts of water were passing through their meter – the water use could have been reduced if the owner regularly monitored their own use by recording weekly or semi-weekly reads to determine their “normal” household or business use. A problem addressed quickly can potentially save you hundreds in wasted water use!

Your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or so minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, **call your plumber immediately.** You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.



1/32” leak wastes 25 gallons in 24 hours



If you need help identifying or reading your water meter, please look online for instructions at: romi.gov/DocumentCenter/View/28204/How-to-Read-your-Water-Meter?bidId=

You can also email us at watermail@romi.gov or call the Treasurer’s office Utility Billing staff at 248-246-3160 and we can walk you through the process.

Is the water in your home delivered by a lead or galvanized steel service line?

Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city’s water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the ‘private side’ of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That’s where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you’d like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.



Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.



Avoiding Freezing Pipes and Catastrophic Damage During Winter

When temperatures go **DOWN**, the risk of your pipes freezing and bursting goes UP. In fact, burst pipes are one of the most common causes of property damage during freezing weather and can cost you thousands.

The pipes most at risk are those in unheated interior spaces such as basements, attics, and garages. But even pipes running through cabinets or exterior walls can freeze. The good news is there are some simple things you can do to keep your water running and your house dry.

- **Open kitchen and bathroom cabinet doors** to allow warmer air to circulate around the plumbing, especially if your sinks are on an exterior wall.
- **Keep the thermostat set to the same temperature during day and night.** Again, during a cold snap is not the time to set back the thermostat at night to save a few bucks on your heating bill.
- **If you plan to be away during cold weather,** leave the heat on in your home, setting your thermostat to a temperature no lower than 55° F. If you are going to be away for an extended period, you can also shut off the water at the main valves located near the water meter inside the home.
- **Have a friend or family member** occasionally check on your property while you are away. It is surprising how often something goes wrong when a house is unoccupied.
- **Consider adding insulation** to attics, basements, and crawl spaces. Insulation will maintain higher temperatures in those areas. To prevent drafts, seal cracks and openings round windows, doors, and at sill plates, where the house rests on its foundation. You can also use pipe insulation to wrap pipes that may be in troublesome areas.
- **Install a Leak Detector,** available for purchase at most hardware stores & home centers:
 - **Leak Sensors** can be placed on the floor and are the less expensive option. These alert you to ponding water in the area where they are placed. Sensors used by themselves will not detect water leaks going down a drain - such as a toilet leak.
 - **In-Line Leak Systems** are attached directly to the water line near your water meter. They are generally more expensive but will alert you to most water leaks. Some systems contain a valve which can be used to shut off your water remotely.

These simple steps may help prevent both water damage to your property and receiving an unexpectedly high water/sewer bill during cold winter months.

You can also request the water be shut off at the street while you are away prior to your departure by calling the Water Department at (248)246-3160. While this won't ensure pipes from freezing, should the heat go out while you are away, it cuts off the water supply to prevent ongoing flooding.

Call the Utility Billing staff in the Treasury office at City Hall for additional assistance. 248-246-3160.

Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check socrra.org for limited Saturday hours

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked zip-top baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org – **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players. For a complete list please visit www.socrra.org. **Please note: residents must remove sensitive or personal information from ALL devices.** **APPOINTMENT REQUIRED.**



As a member of SOCRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about ¼ mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.





City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$53,700	4	\$76,700
2	\$61,400	5	\$82,850
3	\$69,050	6	\$89,000

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$33,600	4	\$47,950
2	\$38,400	5	\$51,800
3	\$43,200	6	\$55,650

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

- Emergency Calls Only Police, Fire & Ambulance**.....911
- General Information**..... 248-246-3000
- Animal Complaint** 248-246-3500
- Animal Shelter** 1515 N. Edgeworth 248-548-3058
- Assessor** 248-246-3110
- Building Inspection** 248-246-3210
- Building Inspection Requests** 248-246-3234
- Building Inspection Fax** 248-246-3006
- Cable TV (WROK)** 203 S. Troy St..... 248-246-3040
 - Questions regarding Comcast 800-934-6489
 - Questions regarding WOW 866-496-9669
- City Attorney** 248-246-3240
- City Clerk** 248-246-3050
- City Manager** 248-246-3200
- Code Enforcement** 248-246-3210
 - Code Enforcement 24-hour Hotline 248-246-3238
- 44th District Court** 248-246-3600
 - Probation, 400 E. 11 Mile 248-246-3670
- Engineering** 248-246-3260
- Farmers Market** 316 E. 11 Mile..... 248-246-3276
- Finance** 248-246-3030
- Fire Department** 215 E. Sixth St.
 - Emergency 911
 - Non-Emergency..... 248-246-3800
 - Fire Prevention Bureau 248-246-3810
- Housing Assistance - Rehabilitation Loans**..... 248-246-3130
- Human Resources** 248-246-3070
- Ice Arena** 1403 Lexington Blvd..... 248-246-3950
- Information Systems** 248-246-3080
- Landlord Licensing Program** 248-246-3210
- Library** 222 E. 11 Mile Rd. 248-246-3700
- Mahany-Meininger Sr./Community Center** 3500 Marais..... 248-246-3900
- Mayor**..... 248-246-3200
- Orson Starr House** 3123 N. Main St..... 248-588-0170
- Parks & Forestry** 248-246-3300
- Planning & Zoning** 248-246-3280
- Police Department** 450 E. 11 Mile Rd.
 - Emergency 911
 - Non-Emergency..... 248-246-3500
 - Community Policing..... 248-246-3524
 - Detective Division..... 248-246-3515
 - Record Division 248-246-3530
 - Snow Emergency Announcement 248-246-3442
- Public Service Department** 1600 N. Campbell
 - Highway Maintenance 248-246-3300
 - Parks & Forestry..... 248-246-3300
 - Recycling & Refuse Collection 248-246-3300
 - Sewer Maintenance 248-246-3300
 - Water Maintenance 248-246-3300
 - Emergencies between 4:00 pm - 7:30 am & weekends 248-246-3500
- Purchasing** 248-246-3030
- Recreation** 1600 N. Campbell..... 248-246-3180
- Royal Oak Golf Course** 3417 Don Soper Dr. 248-554-0019
- Salter Community Center** 1545 E. Lincoln..... 248-246-3180
- Senior Citizen Programs** 3500 Marais 248-246-3900
- Street Lighting Outage - DTE Energy** 800-477-4747
- TDD (Hearing Impaired)**..... 248-246-3010
- Treasurer**..... 248-246-3140
- Voter Registration** 248-246-3050
- Water Bills** 248-246-3160
- Youth Assistance** 1601 N. Campbell..... 248-546-8282
- Website**..... www.romi.gov



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 40 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

November

- 21 Thurs Royal Oak Art Fair (11:00 am-9:00 pm)
- 22 Fri Royal Oak Art Fair (11:00 am-9:00 pm)

December

- 5 Thurs **Holiday Magic Marketplace, Community Tree-Lighting & Visit with Santa (4:00 - 9:00 pm)**

January

- 7 Sat Wine & Whiskey 6:00 - 10:00 pm
- 21 Sat Mitten Vintage (5:00 - 10:00 pm)

February

- 14 Fri Bacon Bash! (6:00 - 10:00 pm)
- 22 Sat Whiskey Business (6:00 - 10:00 pm)
- 27 Thurs Pop-Up Food Truck Rally (4:00 - 8:00 pm)

April

- 5 Sat Bourbon Tasting (6:00 - 10:00 pm)

Like us on Facebook!



Royal Oak ENVIRONMENTAL ADVISORY BOARD

The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets on the fourth Wednesday of Sept., Oct., Nov., Jan., Feb., March, April, and May at 7:00 p.m. at the Mahany / Meininger Senior Center. Questions? **Email: roeab@romi.gov**



Royal Oak Environmental Advisory Board



@roenvironmental



roenvironmentalboard



Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit **Solarize Royal Oak** (on Facebook) or email **roeab@romi.gov** for more details.



Check out the City's Sustainability Efforts Here:
www.romi.gov/sustainability

Winter Tax Bills Are Coming!

Winter tax bills are sent to the printer at the end of November to be delivered to all property owners by the first week in December. If you have not received your bill by the 10th of December, you can print a copy at www.bsaonline.com, come in to City Hall and ask the cashier to print you another copy, or call the Treasury office for another copy (after December 10th). The winter bill is due February 14th each year.

If you have an escrow account, your tax bill should have the name of the servicing agent, bank, credit union, or other lending institution listed on your tax bill. Corelogic and Lereta are large service agents that service many lending institutions, so you may see either Corelogic or Lereta listed as your escrow agent rather than your lending institution. If you see an escrow agent listed, they also have been provided tax information about your property on your behalf. Remember that **AS THE OWNER, YOU ARE RESPONSIBLE** for keeping your taxes current, so you will want to verify on your end-of-year escrow statement and/or online at www.bsaonline.com that your tax bill was paid in full.

If you have any questions about your tax bill, please contact the Treasury staff at 248-246-3140. If you have any questions about your taxable value (TV), assessed value (AV), state equalized value (SEV), Homestead or other exemptions, please contact the Assessing staff at 248-246-3110.

Remember that there is no service charge for paying online if you pay by electronic check (E-check) using your routing number and checking account. Tax bill lookup and payment information is available at:

Look up on BS&A:



Pay on InvoiceCloud



Summer or Winter tax bills that are unpaid by the end of February are sent to Oakland County for collection on March 1st. Additional penalties and interest are added by the County and will be included in the lien on the property. Payments received at City Hall on or after March 1st will be forwarded to the County.

Shovel It Forward

The Royal Oak Department of Public Service is always ready to take on a snowstorm but ensuring people can move about our community safely after a snowfall requires more than plows. It takes a team effort.

This winter, the City of Royal Oak is asking all property owners – residential and commercial – to join the Shovel It Forward movement and keep our sidewalks free of snow and ice. When sidewalks are clear, we increase the safety and mobility of everyone – from those with disabilities to school kids to first responders.

5 Things You Can Do to Shovel It Forward

1. Apply the 7-10 rule. Anytime it snows between 7 a.m. and 7 p.m., pledge to clear your walks by 10 p.m. If it snows between 7 p.m. and 7 a.m., pledge to clear your walks by 10 a.m.
2. Help your elderly or disabled neighbors remove snow and ice from steps and sidewalks.
3. Shovel your entire sidewalk. Wheelchairs need at least 36 inches to pass.
4. If your property is adjacent to curb ramps or bus shelters, pledge to help keep them clear of snow and ice.
5. Know someone who wants to keep his or her sidewalk clear but just can't? Go to romi.gov/shovelitforward for a list of resources.

UNLESS YOU REPORT HOUSING DISCRIMINATION, IT WON'T STOP.



Discrimination isn't always this obvious. But it is just as hurtful and illegal. Here are possible signs you might hear from a landlord:

- "There's a lot of traffic. It isn't safe for kids."
- "The apartment I told you about on the phone has already been rented."
- "My insurance won't cover a ramp if you get hurt."
- "We only take English speaking people."
- "The ad is wrong. The rent is really \$75 higher per month."
- "Steps are what we have. We can't accommodate a walker."

IF YOU SUSPECT HOUSING DISCRIMINATION, PLEASE REPORT IT.

Visit www.hud.gov/fairhousing or call the HUD Hotline
1-800-669-9777 (voice) **1-800-927-9275** (TTY)



A public service message from the U.S. Department of Housing and Urban Development in partnership with the National Fair Housing Alliance. The Federal Fair Housing Act prohibits discrimination because of race, color, religion, national origin, sex, family status or disability. For more information, visit www.hud.gov/fairhousing.





The Importance of Early Literacy

One of the ways to prepare your young children to be ready to learn is by reading with them. And that does not mean teaching them to read! It is truly sitting down with your child and sharing stories with them at least once a day. It is not only a bonding experience between you and your child - it is a way to develop building blocks for success later in life. Royal Oak Public Library is proud to participate in **1,000 Books Before Kindergarten**. This nationwide initiative encourages reading to new-borns, toddlers, and preschoolers to foster a love of books and prepare them for school.

How does it work?

Visit the library to receive a reading log or download the Beanstack Tracker app from the App Store or Google Play. Every time you and your child read a book together, check off the log or record it on the app. It doesn't matter if it's the same book multiple times. All that matters is that you're reading! When you reach a hundreds place milestone (100 books, 200 books, etc.), visit the library for a sticker. Your child will receive a tote bag when they are halfway finished, and 10 free books on completion. Once they've completed 1,000 books, they are also

welcome to "graduate" from the program at our seasonal celebration.

Who can participate?

All children from birth through the time they enter kindergarten. Families are encouraged to participate together, so feel free to sign up multiple children.

How long will it take?

The program is self-paced, so it can take anywhere from a few months to a few years! It's really up to you and depends on how often you read together.

1,000 books seems like a lot of books! But it is actually less than one book per day for the first 5 years of your child's life. The Royal Oak Public Library has a wide selection of books so your shelves can always be full of fun, engaging, diverse and inclusive stories.



Story Time Resumes January 7, 2025

Speaking of sharing books, you'll find a friendly and fun way to enjoy tales in a group setting at our story times! Just stop by our Youth Services Desk 15 minutes before a program begins to get your tickets to join the story time and experience the joy of reading together! All Story Times begin at 10:15 am.

- Tuesdays - Family Story Time: Ages Birth to 5 years**
- Wednesdays - Toddler Story Time: Ages 18 months to 3 years**
- Thursdays - Baby Size!: Ages Birth to 18 months**

For additional programs, for babies through adults, visit royaloak.librarycalendar.com.

Upcoming Closures

- November 28 - December 1
- December 24-25
- December 31 - January 1
- January 18-20



**Royal Oak
PUBLIC LIBRARY**

222 E 11 Mile Road • Royal Oak, MI 48067
248.246.3700 • www.ropl.org



City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov



PRSR STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI

Your Millage Dollars at Work!



Dickinson Park Tennis and Basketball Court Improvements made possible by the Parks, Recreation, Playgrounds, and Animal Shelter Millage.